## WHAT IS CLAIMED:

24. An article of manufacture, comprising, packaged together:

a unit dosage amount of an odorant packaged in a container, to alter blood flow to the vagina when inhaled by a female individual; wherein the odorant is selected from the group consisting a mixture of licorice-based and banana nut bread odorants, a mixture of licorice-based and cucumber odorants, a mixture of lavender and pumpkin pie odorants, and a mixture of baby powder and chocolate odorants; and

instructions for administering the odorant to alter blood flow to the vagina.

25. An article of manufacture, comprising, packaged together:

a unit dosage amount of an odorant packaged in a container, to alter blood flow to the vagina when inhaled by a female individual;

instructions for administering the odorant to alter blood flow to the vagina; and at least one of the following:

a device for measuring blood flow to the vagina of the female individual; and means for testing olfactory ability in the female individual.

- 26. The article of manufacture of Claim 24, wherein the unit dosage amount comprises a concentration of the odorant effective to provide a suprathreshold but not irritant amount of the odorant.
- 27. The article of manufacture of Claim 24, wherein the unit dosage amount comprises a concentration of the odorant at about 25-55 decismel units.
- 28. The article of manufacture of Claim 24, wherein the odorant is packaged within a delivery device selected from the group consisting of a vial, jar, pouch, can, bottle, blister pack, and a scratch-and-sniff odor patch containing microcapsules of the odorant.

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- 29. The article of manufacture of Claim 24, wherein the odorant is in a form selected from the group consisting of a cloth scented with the odorant, an aerosol spray, a pump-type spray, a nasal spray, a liquid or solid form of the odorant contained in a vessel having a cap, a liquid or solid form of the odorant contained in a blister pack, and microcapsules of the odorant contained in a scratch-and-sniff odor patch.
- 30. The article of manufacture of Claim 24, wherein the odorant is in the form of a cream or a cologne.
- 31. The article of manufacture of Claim 24, wherein the odorant is in a liquid form contained in a dispenser.
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- 32. The article of manufacture of Claim 31, wherein the dispenser comprises a capped vessel having a tip impregnated with the odorant.
- 33. The article of manufacture of Claim 32, wherein the dispenser contains the odorant absorbed to a wicking material.
- 35. An article of manufacture, comprising, packaged together:
  a unit dosage amount of an odorant packaged in a container, to alter blood flow to the vagina when inhaled by a female individual; wherein the odorant comprises a mixture of a licorice-based odorant and a cucumber odorant; and
  - instructions for administering the odorant to alter blood flow to the vagina.
- 36. The article of manufacture of Claim 24, wherein the odorant and the unit dosage amount of the odorant is effective to increase blood flow to the vagina of the female individual by about 10-30%.

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- 38. The article of manufacture of Claim 24, wherein the odorant and the unit dosage amount of the odorant is effective to decrease blood flow to the vagina of the female individual by about 10-20%.
- 41. An article of manufacture, comprising, packaged together:

a unit dosage amount of an odorant packaged in a container, to increase blood flow to the vagina when inhaled by a female individual; wherein the odorant is selected from the group consisting of a mixture of a licorice-based and cucumber odorants, a mixture of a lavender and pumpkin pie odorants, and a mixture of a baby powder and chocolate odorants; and instructions for administering the odorant to increase blood flow to the vagina.

- 42. The article of manufacture of Claim 41, wherein the odorant and the unit dosage amount of the odorant is effective to increase blood flow to the vagina of the female individual by about 10-30%.
- 44. The article of manufacture of Claim 41, wherein the odorant comprises a mixture of a licorice-based and cucumber odorants.
- 45. An article of manufacture, comprising, packaged together:

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a unit dosage amount of an odorant packaged in a container, to decrease blood flow to the vagina when inhaled by a female individual; wherein the odorant is a mixture of licorice-based and cucumber odorants; and

instructions for administering the odorant to decrease blood flow to the vagina.

46. The article of manufacture of Claim 45, wherein the odorant and the unit dosage amount of the odorant is effective to decrease blood flow to the vagina of the female individual by about 10-20%.